



4th PhD day
2026

Vall d’Hebron Campus

Friday, November 6
Conference Hall
at Teaching Pavillion

9.00–9.20		Welcome
9.20–10.30		Flash talks short talks from VHIR/VHIO predocs
10.30–10.50		Coffee break
10.50–11.50		Poster session & Networking activity
11.50–13.30	Choose your workshop!	Work life balance by M Dolores Braquehais, Medical Director at Integral Care Program for Sick Health Professionals. Clínica Galatea, Barcelona Building a Tissue Atlas: A practical guide to Spatial Transcriptomics by Marc Buendía, PhD student at IDIBAPS Research that matters: maximize the impact of your research by Marta Vallvé, Project Manager iRRI at VHIR Communicate your science — Personal Branding in 2026 by Marc Tellez, Social Media Manager at Vall d’Hebron
13.30–14.30		Lunch
14.30–15.45	Roundtable	Dr. Ariadna Boloix CEO and Co-founder at Flavii Therapeutics (UB spin off) Dr. Anna Montras Head of Competitive Grants and International Promotion (IRB) Dr. Alba Llop Associate Director at AstraZeneca Dr. Thomas Mortimer Junior Group Leader at Circadian Rythms and Aging Laboratory (VHIR) Dra. Lara Nonell Group Leader of VHIO’s Bioinformatics Unit (VHIO)
15.45–16.30		Coffee break & Networking activity
16.30–17.00		Awards presentation & Closing

Collaborations



La Campana

